

## PRESENTERS:



### **Terri Clark, MPH**

Terri is the Coordinator of Prevention Services at Action Wellness in Philadelphia, PA. Throughout her 30 career in public health and education, she has been an advocate for LGBT equality and sexual health across the lifecycle. She is advancing the field of sexuality and aging along with developing a manual entitled,

"Orientation: Teaching About Attraction, Identity, and Behavior" due out in Spring, 2017.

She designed and implemented the "SEXcessful Aging" project, delivering sexual health and HIV prevention information to seniors and aging service providers in Philadelphia. She works to inform diverse aging networks that staff training is key in building understanding and addressing the unique needs of LGBT seniors. Her training efforts create empowering environments that recognize the diversity of LGBT seniors and support healthcare professionals in providing quality care to all constituents, regardless of their sexual orientation or gender identity.



### **Steve G. Kopp, PhD., Genesis**

Steve G. Kopp, is the Executive Director of Genesis Psychology Associates, an affiliate of Genesis Health System. Dr. Kopp is dual licensed in the state of Iowa as a Marriage and Family Therapist and a Mental Health Counselor. He provides trainings and workshops to businesses, and schools. Kopp has 20 years' experience working with couples and families. He is a Board

member with NAMI and the Iowa Association of Marriage and Family Therapists (IAMFT).



### **Shyam Seetharaman, PhD., St. Ambrose University**

Dr. Shyam Seetharaman is an Assistant Professor of Psychology at St. Ambrose University specializing in the field of Behavioral Neuropsychology. Seetharaman has presented

at several national and international psychology and neuroscience conferences. His focuses on the acute and chronic stress effects on the brain, cognition and physiology. Additionally he studies the influences of non-pharmacological influences on brain and cognitive responses including environmental and social complexity. He publishes research on the effects of diet and metabolic dysfunction on brain, behavioral and physiological changes, including the development of Alzheimer's disease.

## Shades of Grey: Diverse Approaches on Aging

Seniors across the area give aging a new voice—one that reflects what today's senior looks like. Our annual conference is an opportunity to shine a light on many important issues and trends facing our seniors and those who care for them. More than ever before, older Americans are taking charge, striving for wellness, focusing on independence, and advocating for themselves and others. They expect to continue to live their lives to the fullest, and they're insisting on changes that make that possible. What it means to age has changed and this conference is a perfect opportunity to recognize and celebrate what getting older looks like today.

0.53 CEUs Approved for Illinois & Iowa Nurses IBON  
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5.3 CEHs Approved for other Healthcare Professionals

**NASW** Approval submitted and pending

### TARGET AUDIENCE:

Social workers, nurses, doctors, mental health professionals, post-secondary educators, and CASI members (seniors 50+)

### CONFERENCE AGENDA

7:30 – 8:00am Registration and Breakfast  
 8:00 – 9:15am **Conference Kickoff Session: "SEXcessful Aging"**  
 Presented by Terri Clark, MPH

9:15 – 9:30am Break  
 9:30 – 10:20am **Session I: "What Now? Life after Retirement"**  
 Presented by Steve G. Kopp, PhD., Genesis

10:20 – 10:30am Break  
 10:30 – 11:20am **Session II: "How Diet Affects Aging"**  
 Presented by Shyam Seetharaman, PhD.,  
 St. Ambrose University

11:20 – 11:30am Break  
 11:30am – 1:00pm Lunch/Keynote Speaker  
**"Improving the Quality of Services and Supports  
 for LGBT Older Adults"**  
 Presented by Terri Clark, MPH

**Location: CASI**  
1035 W. Kimberly Road  
Davenport, IA 52806

### Promotional webpage: [casiseniors.org/conference](http://casiseniors.org/conference)

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### REGISTRATION:

Complete this registration form and send a check or money order (no cash please) with the class number and student's birthdate written on the lower left hand corner. We will call you to confirm faxed registrations. Tuition and fees are due at time of registration.

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**CASI's Conference on Aging  
"Shades of Grey: Diverse Approaches on Aging"**

Co-hosted by CASI and EICC  
Presented by Genesis Health Systems

**Wednesday, May 17, 2017**

## CASI's Conference on Aging "Shades of Grey: Diverse Approaches on Aging"



Co-hosted by CASI and EICC  
Presented by Genesis Health Systems



**Wednesday, May 17, 2017**

**Registration**

7:30 – 8 am

**Program**

8 am – 1pm

\*Breakfast and Lunch Provided

**Location:**

**CASI**

1035 W. Kimberly Road  
Davenport, IA 52806